

Supply List

Nirmal Singh, MD

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The following is a list of suggested supplies for Nirmal's watercolor workshops and classes. Please read the list carefully to ensure that you are prepared with the necessary materials.

Paper - Nirmal works on either Arches 140 lb. or 300lb. (640 gsm) cold press. While it is a little pricey, it is very functional and problem free in terms of resistance to buckling etc. For the purposes of the workshop, Nirmal strongly suggests you work with this paper.

Paint – Nirmal's palette includes the following: Permanent Alizarin Crimson, Vermillion (Holbein), Scarlet Lake, Brilliant Orange (Holbein), Winsor Yellow Deep, Aureolin, Quinacridone Gold, Quinacridone Burnt Orange (Daniel Smith), Hookers Green, Mineral Violet (Holbein), Indigo, French Ultramarine Blue, Antwerp Blue, and Peacock Blue (Holbein). Unless indicated, colors are Winsor Newton brand. Nirmal recommends you use tubes instead of dry cakes and avoid student grade paints.

Palette – Nirmal uses a custom-made metal palette, which he finds especially functional for the way he paints. You will hear more about that in the workshop.

Drawing Board – Nirmal uses a very lightweight wood drawing board to mount his paper on.

Brushes - Ideally, Nirmal would like you to use rounds for your brushes in the workshop. He works with series 8404 #16 Raphael Kolinsky sable round which he feels is exceptional. Pure sables are wonderful but if you are on a budget there are good substitutes made with a combination of natural and synthetic hairs. As a less expensive alternative to the Raphael sable, Cheap Joe's offers a Legend Sable Round brush that is very nice (size 12 or 14 is comparable to Nirmal's #16 Raphael). Nirmal suggests working with a larger size to aid you in staying loose and free with your painting.

Easel – Nirmal paints with the paper surface nearly 40-45 degrees angle to the floor rather than flat or slightly angled. While many painters are unaccustomed to painting this way, Nirmal would like everyone to try it.

Towels - A good absorbent cloth towel or roll of paper towels will work well. Nirmal uses flour sack dishtowels as they are durable, absorbent and (most importantly) reusable. Viva paper towels are also nice to use, as they are durable and absorbent.